



**APPLE KIWI LOGS 4 INCH**

<b>Nutrition Facts</b>			
Serving Size About 22 g		1 Log	
Amount per Serving			
<b>Calories</b>	80	Calories From Fat	25
% Daily Value			
<b>Total Fat</b>	2 g		<b>3 %</b>
Saturated Fat	2 g		<b>3 %</b>
Trans Fat	0 g		
<b>Cholesterol</b>	0 mg		<b>0 %</b>
<b>Sodium</b>	10 mg		<b>0 %</b>
<b>Potassium</b>	40 mg		<b>2 %</b>
<b>Total Carbohydrates</b>	16 g		<b>6 %</b>
Dietary Fiber	1 g		<b>5 %</b>
Sugars	14 g		
<b>Protein</b>	1 g		
Vitamin A	0 %	Vitamin C	10 %
Calcium	0 %	Iron	0 %
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
Calories:		2000	2500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
<b>Calories per gram:</b>			
<b>Fat</b>	<b>9</b>	<b>Carbohydrate</b>	<b>4</b>
		<b>Protein</b>	<b>4</b>

Low Fat  
 Low Sodium  
 Good Source of Vitamin C  
 Cholesterol Free  
 NO Trans Fat  
 Gluten, Milk, and Soy Free

Ingredients: Dried Fruit (Dried Apples, Dried Kiwis, Contains Sulfur Dioxide), Sugar, Corn Syrup, Coconut, Gelatin, Natural and Artificial Flavor, Yellow 5, Blue 1

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