



APPLE CHERRY LOGS 4 INCH

Nutrition Facts	
Serving Size About 22 g 1 Fruit Log	
Amount per Serving	
Calories 80	Calories From Fat 25
% Daily Value	
Total Fat 1.5 g	3 %
Saturated Fat 1.5 g	3 %
Trans Fat 0 g	0 %
Cholesterol 0 mg	0 %
Sodium 10 mg	0 %
Potassium 40 mg	2 %
Total Carbohydrates 16 g	5 %
Dietary Fiber 1 g	0 %
Sugars 14 g	
Protein 0 g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 0 %	Iron 0 %
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2000 2500	
Total Fat Less Than	65g 80g
Sat Fat Less Than	20g 25g
Cholesterol Less Than	300mg 300mg
Sodium Less Than	2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Low Fat
 Low Sodium
 Cholesterol Free
 NO Trans Fat
 Gluten, Milk, and Soy Free

Ingredients: Dried Fruit (Dried Apples, Dried Kiwis, Contains Sulfur Dioxide), Sugar, Corn Syrup, Coconut, Gelatin, Natural and Artificial Flavor, Yellow 5, Blue 1.

Manufactured in a facility that processes Tree Nuts

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